

2nd Annual **iRock** 5K Race, Walk, and Fun Run!!

May 5, 2018 @ 8:00 a.m.

Meridian Community College
910 Hwy 19N Meridian, Mississippi 39307

SCHEDULE & FEES	AWARDS	REFRESHMENTS
<p><u>Early Bird Registration (by March 4th)</u> \$20 –5K Race & 2-mile walk \$10-Fun Run</p> <p><u>After March 4th Registration</u> \$25 –5K Race & 2-mile walk \$15-Fun Run</p> <p>Kid's Fun Run will begin at 8:05am</p> <p>5K Run & 2 Mile Walk Immediately following the Kid's Run</p>	<p><u>5K Run & 2-Mile Walk</u> 1st, 2nd, 3rd Overall Male & Female</p> <p><u>Kid's Fun Run (12 & under)</u> 1st, 2nd, 3rd, Overall Male and Female</p> <p><u>Age Groups</u> 0-14 15-19 20-29 30-39 40-49 50-59 60-69 70+</p>	<p>Water will be provided on the course during the race.</p> <p>Light refreshments will be provided to all registered participants.</p>

ALL PROCEEDS BENEFIT THE **iRock YOUTH MINISTRY**

Make checks payable to: Freedom Rock Christian Fellowship Church

Mail or deliver complete form and check to: FRCFC 5718 5th Street Meridian, MS 39307

OR register online @: www.time2run.net

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____ Email: _____

Age on Race Day: _____ Birthdate: _____ Sex: Male ___ F ___

Race Event (Please check just one.): 5K Run _____ 5K Walk _____ Kid's Fun Run _____

T-shirt Size: S: _____ M _____ L _____ XL _____ XXL _____

(Registration cost includes purchase of T-Shirt and are guaranteed to pre-registered participants only)

Waiver/Release:

In consideration for the acceptance of my registration as a participant in the above entitled event, and with the understanding that my participation in this event is only on condition that I enter into this agreement, for myself, my heirs, and assigns, I hereby assume the inherent and extraordinary risks involved in this event, and any risks inherent in any other activities connected with this event in which I may voluntarily participate. I expressly assume the risk of and accept full responsibility for any and all injuries (including death) and accidents which may occur as a result of my participation in this event and release Freedom Rock Christian Fellowship Church, iROCK Youth Ministry, Tim Irvine, Time2Run, the City of Meridian and Parks & Recreation and each of their officers, directors, agents, representatives and employees. I hereby waive any claim I may hereafter have as a result of my participation in this event and any other activities connected with this event in which I may voluntarily participate. I hereby agree to indemnify all of the above-named persons for any and all claims including attorney's fees and costs, which may be brought against any of them by anyone claiming to have been injured as a result of any injury to me or my property which may occur as a result of the event. I certify that I have read and fully understand this release. I am of lawful age and legally competent to make this agreement.

Signature: _____ Date: _____

Parent/Guardian (if under 18 years of age): _____ Date: _____

For more Information call 601-693-0502