

21st Annual
RUN FOR HOPE
November 13, 2021

2433 23rd Avenue • Meridian, MS 39301

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Bonita Lakes | Meridian, Mississippi
Races Start at 8 a.m.

Main Entrance Closes at 7:30 a.m. for all traffic
Proceeds benefit Hope Village for Children

10K TRAIL RUN
5K ROAD RACE
2-MILE WALK
1-MILE FUN RUN
PLUS NEW VIRTUAL OPTIONS

GENERAL INFORMATION

TIME / FINISH SYSTEM / RESULTS

Chip timing will be used for all races. Results will be posted online at Time2Run.net. Runners' times will be immediately available at the finish line on a large digital clock.

There will be one finish zone. Runner's number must be visible throughout the race. Failure to have a number pinned to the FRONT of your shirt or shorts will disqualify you.

All runners who cross the finish line must go through the chute. Stay in line once in the chute. **DO NOT LEAVE THE CHUTE EXCEPT THROUGH THE OFFICIAL EXIT** unless for medical emergency.

PREREGISTRATION

You can register by mail (Hope Village • PO Box 26 • Meridian, MS 39302), on the internet at Time2Run.net or in person at Hope Village • 2433 23rd Avenue • Meridian, MS 39301. We strongly encourage preregistration to eliminate confusion on race morning.

Preregistration forms with fees must be received or post-marked by November 10, 2021. The preregistration fee for the 10k Run is \$20; 5k Road Race is \$20; 2-mile Walk is \$18; 1-mile Fun Run is \$18. **After November 10th the fee for all races on race day will be \$25 for each event.**

SPECIAL GROUP REGISTRATION

For school, office, church and group details email
RFHMeridian@gmail.com

AWARDS

10k Trail Run and 5k Road Race: Awards will be given to the top three Male and Female, Masters Male and Masters Female (40-49 years of age). Grandmasters Male and Grandmasters Female (50 years and older).

Awards will also be given to the top three finishers in the following age groups:

Male 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
Female 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

2-Mile Walk: Awards will be given to the top three finishers in the following age groups:

Male 13-20, 21-39, 40-47, 48-55, 56-60, 61-65, 66-70, 71-74, 75-80, 81+
Female 13-20, 21-39, 40-47, 48-55, 56-60, 61-65, 66-70, 71-74, 75-80, 81+

1-Mile Fun Run: Awards will be given to the top three Male and Female finishers in the following age groups: 1-6, 7-9, 10-12. All participants in the 1-Mile Fun Run will receive a special award as they cross the finish line.

RUNNERS' AND WALKERS' PACKETS

The race packets contain race information, runner's number, safety pins, and T-shirt. Preregistered runners and walkers may pick up your race packet on FRIDAY, NOVEMBER 12 from 11:30 a.m. until 2:30 p.m. at Bonita Lakes Boat Ramp at the Coke Wagon. Race day: Pick up your packet and/or register (late registration will apply) from 6:30 - 7:30 a.m. at Bonita Lakes. **Absolutely no registration will be taken after 7:45 a.m. on Race Day. Races start promptly at 8:00 a.m.**

DETAILS

Parking is available at the upper lake and boat landing, but the dam will be blocked off at 7:30 a.m. to prepare for the Fun Run. **Please arrive prior to 7:30 if you wish to park at the upper lake or boat landing.** When parking keep in mind if you leave before the event is completed you can only exit from the lot across from the boat landing so you would need to park in that area. All other exits will be closed due to the safety of all participants. Complimentary beverages and food items will be available to all runners immediately following each race. The Awards Ceremony will be held immediately following the final race of the day.

ENTRY FORM

If you would like to register on the internet, go to Time2Run.net.
Please print. Complete one entry form for each runner.

Name _____
Address _____
City _____ State _____ Zip _____
Birthday _____ Age _____
Sex _____ Phone _____
Email _____

RELEASE (Mandatory): In consideration of your accepting my entry, I intend to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge Hope Village from any and all liability arising from illness, injury and/or damage I may suffer in the event. I have read the entry information provided and certify my compliance by signing below. I also understand entry fees I pay are non-refundable, and there will be no confirmation of my entry.

Signature _____
Parent's Signature (if under 18) _____
Date _____

Mail completed entry form with entry fee to the following address:
Hope Village, PO Box 26, Meridian, MS 39302

(For office use only: RACE# _____)

**Absolutely NO registrations will be taken after 7:45 am on race day.
ALL RACES BEGIN AT 8 A.M.**

Check the Correct Category

	Preregistration	Race Day	Total
<input type="checkbox"/> 10k Event	\$20	\$25	_____
<input type="checkbox"/> 5k Event	\$20	\$25	_____
<input type="checkbox"/> 2-Mile Walk	\$18	\$25	_____
<input type="checkbox"/> 1-Mile Fun	\$18	\$25	_____

Please Specify In-person Virtual

Specify T-shirt size for Participant:

Runners/Walkers who register before Oct 22nd may choose Dri-Weave long sleeve shirt or regular long sleeve shirt. Dri-Weave t-shirts cannot be guaranteed due to supply.

Dri-weave T-shirt Regular T-shirt

Adult: S M L XL XXL

Youth: S M L

Extra t-shirts are \$15 each. Specify quantities and sizes for additional shirts below:

Adult: S M L XL XXL

Youth: S M L

_____ Additional T-shirts x \$15

_____ I would like to make a donation to
Hope Village for Children

\$10 \$25 \$50 \$100 other

Grand Total \$ _____
Make checks payable to Run for Hope.

10K TRAIL RUN • 5K ROAD RACE 2-MILE WALK • 1-MILE FUN RUN

1-Mile Fun Run: This Fun Run is an out-and-back loop on the paved access road. This route is flat, safe and suitable for young children. Kids under 12 only.

10k Trail Run: This 10k course runs the main jeep trail around the upper lake and takes in one lap around the lower lake and back to the finish at the boat landing area. Route can be found on rungoapp.com.

5k Road Race: This Road Race is an out-and-back loop on the paved access road and takes in one lap around the lower lake and back to the finish at the boat landing area.

2-Mile Walk: This walk is out-and-back on the main park road into Bonita. The course runs from the boat landing to the front of Bonita, around the cul de sac, and back to the boat landing.

For more information or questions, email RFHmeridian@gmail.com

VIRTUAL SETUP

QUALIFYING PERIOD 11/7 TO 11/13

Run 10K (6.20 miles), 5K (3.10 miles), Walk 2 miles or Run 1 mile (kids under 12 only) during the qualifying period

Run with a GPS watch or a phone app.

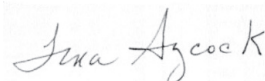
Take a photo of your result from your phone or watch and email to gsr5k@yahoo.com with Run for Hope in the subject line.

Make sure the photo shows the time and distance and if it is on a phone the date too. If you are using a GPS watch, you should be able to snap a picture of your workout from Strava, Garmin Connect or any GPS watch upload that will include the date.

Results will be posted on 11/13 along with the in-person race results.

HOPE VILLAGE FOR CHILDREN

Thank you for participating in the 21st annual Run for Hope! This run is sponsored by the Hope Village for Children's Guild, and all proceeds from this event will be used to directly impact the lives of our children. The Guild is made up of volunteers who raise money each year to ensure our children have the opportunity to experience a well-balanced, normal and happy childhood. These opportunities include birthday and holiday parties, summer field trips, athletic uniforms and accessories, exercise equipment, cottage refurbishment, tutors, prom dresses and many other amenities that most of us take for granted. We currently house about 45 children, daily, some who will remain with us through high school graduation and beyond. We take great pride in their accomplishments and in their success in overcoming great odds. Many of these accomplishments would not happen without the support of the Hope Village Guild. Your participation in this event ensures they can continue their mission – affecting the lives of children in the most positive way.



Tina Aycock
Executive Director

You can support Hope Village, a United Way Agency, year-round by donating items or shopping at the Hope Village Thrift Store located at 2716 8th Street, Meridian, MS. For more information call the Thrift Store at 601.483.7009 or Hope Village at 601.553.8660. To learn more about Hope Village for Children, visit our website at www.hopevillagems.org, or you can donate online at <http://hopevillagems.org/donate>.

For more information email RFHMeridian@gmail.com