

Autism spectrum disorder (ASD) is a [developmental disability](http://www.cdc.gov/ncbddd/developmentaldisabilities/facts.html) that can cause significant social, communication and behavioral challenges.

ASD can be associated with intellectual disability, difficulties in motor coordination and attention and physical health issues such as sleep and gastrointestinal disturbances.

Autism statistics from the U.S. Centers for Disease Control and Prevention (CDC) identify around 1 in 68 American children as on the autism spectrum—a ten-fold increase in prevalence in 40 years. Studies also show that autism is four to five times more common among boys than girls. An estimated 1 out of 42 boys and 1 in 189 girls are diagnosed with autism in the United States.

ASD affects over 3 million individuals in the U.S. and tens of millions worldwide. Moreover, government autism statistics suggest that prevalence rates have increased 10 to 17 percent annually in recent years.

We now know that there is no one cause of autism just as there is no one type of autism. Over the last five years, scientists have identified a number of rare gene changes, or mutations, associated with autism. A small number of these are sufficient to cause autism by themselves. Most cases of autism, however, appear to be caused by a combination of autism risk genes and environmental factors influencing early brain development.

References:

- ❖ Centers for Disease Control & Prevention
- ❖ Autism Speaks



Retrieving Freedom, Inc. is a 501(C)3 non-profit organization dedicated to training service dogs to help people. Our three primary focuses are training dogs to serve the needs of veterans, children with autism and individuals living with diabetes. We breed and train chosen dogs that exhibit specific traits necessary to perform tasks to help these individuals, and we believe in matching the dog to the recipient.

Our training program isn't designed to train each dog to follow a certain program. Instead, dogs are trained to meet the needs of their specific recipient. The dogs go through more than two years of training to meet our strict standards for a successful placement.

RFI operates out of two locations, Waverly, Iowa, and Senatobia, Mississippi, as candidate members of [Assistance Dogs International](#).

The service dogs we train help improve the lives of the people they are placed with. Not only do they help with specific chores and perform tasks associated with their training, but they also offer companionship and unconditional love.



2nd Annual Queen City Race for Autism



April 28, 2018

Bonita Lakes
Meridian, MS



Race Information

Start/Finish Line:

5K Race/1 Mile Fun Run/1 Mile Walk:

All events will take place on the Grove course at Bonita Lakes, Bonita Reservoir Rd., Meridian, MS 39301.

Race Start Time:

All events will start at 9:00 a.m.

*Race day registration/packet pick-up will begin at 7:30 a.m. No registrations will be taken after 8:30 a.m.

Pre-Registration:

You can register by mail, on the internet at www.time2run.net or in person at Meridian Weight Management Center, 4715 24th Place, Meridian, MS

Please complete this form and mail along with your check made payable to:

Queen City Race for Autism
Attn: Chasity Sisson c/o MWMC
4715 24th Place, Meridian, MS 39305

Registration Fees:

Pre-registration forms with fees must be received or post-marked by April 20th. The pre-registration fee for all events is \$20. The fee for all races on race day will be \$25.

Awards:

Awards will be given immediately following the event to the overall top male/female finishers, top Master male/female finishers, top Grandmasters male/female finishers, and top three finishing times in each age division for males/females for the 5K race.

Bayou Buggies will also be donating Yeti prizes to top finishers!

Queen City Race for Autism Race Form

Please check one of the following:

5K Run _____
1 Mile Fun Run _____
1 Mile Walk _____

Runners & Walkers Packets:

Race packets will contain runner's number, safety pins and t-shirt. Pre-registered runners and walkers may pick up the packet on April 27th from 8:00-5:00 p.m. at Meridian Weight Management Center.

Please select t-shirt size:

Youth: YS, YM, YL

Adult: S, M, L, XL, 2XL

T-shirt only _____ \$20

T-shirts are only guaranteed for all pre-registered runners, walkers and pre-ordered t-shirts.

Complimentary water and race snacks will be available to all runners and walkers immediately following the event.

For any questions, please contact
Max Sisson #601-723-0741
Email: queencity.raceforautism@gmail.com

Please Complete the Following:

Name: _____

Address: _____

City: _____ ST: _____ Zip: _____

Email: _____

Birth Date: _____

Please circle one: Male Female

Signature: _____

Date: _____

Waiver: I hereby certify that I am adequately trained and fit to participate in this race. In consideration of the acceptance of this entry, I, the undersigned, for myself, my personal representatives, beneficiaries, and heirs knowingly waive, release and forever discharge and all rights and claims which I may hereafter accrue to me or my estate against Tim Irvine Time 2 Run, the sponsors, race directors, organizers and volunteers and assigns for any and all injuries, illness, damage or death suffered by me in this event. I will also allow my picture and name to be used in telecasts, publications, etc. as a result of this event. I also understand entry fees I pay are non-refundable and there will be no confirmation of my entry.