

# WRC 5K & 10K For Life

## Overall Finish List

May 13, 2017

Results By: [Time 2 Run](#) [Time 2 Run](#)

[Walk](#)  
[10K Run](#)

### 5K Run

Place	Name	City	Bib No	Age	Gender	Age Group	Total Time	Pace
1	Isaac Hale	Saucier MS	443	11	M	1 Top Fin	25:57.3	8:22/M
2	David Hale	Saucier MS	444	39	M	1 30-39	25:57.8	8:22/M
3	Kevin Chu	Gulfport MS	413	14	M	1 0-14	26:23.9	8:31/M
4	Scott Lemon	Gulfport MS	419	53	M	1 50-59	29:05.2	9:23/M
5	Barbara Lemon	Gulfport MS	418	51	F	1 Top Fin	29:13.1	9:25/M
6	Duane Lee	Gulfport MS	469	14	M	2 0-14	29:19.6	9:27/M
7	Sarah Medley	Gulfport MS	473	20	F	1 20-29	29:23.6	9:29/M
8	Jana Plauche	Gulfport MS	481	44	F	1 40-49	29:46.1	9:36/M
9	Katherine Plauche	Gulfport MS	482	22	F	2 20-29	29:46.3	9:36/M
10	Nathan Ladner	Montpelier MS	479	34	M	2 30-39	31:27.8	10:09/M
11	Carly Verrett	Gulfport MS	439	33	F	1 30-39	31:30.9	10:10/M
12	Kolby VanDyken	Biloxi MS	435	13	M	3 0-14	31:33.5	10:11/M
13	Katherine Hittle	Gulfport MS	420	39	F	2 30-39	34:41.6	11:11/M
14	Britneye Ladner	Saucier MS	424	30	F	3 30-39	35:16.8	11:23/M
15	Amy DeFazio	Gulfport MS	450	27	F	3 20-29	38:26.4	12:24/M
16	Candy Forde	Gulfport MS	411	29	F	4 20-29	38:26.5	12:24/M
17	Dawne Jakubik	Ocean Springs MS	459	57	F	1 50-59	38:39.4	12:28/M
18	Savannah VanDyken	Biloxi MS	436	10	F	1 0-14	40:05.2	12:56/M
19	Jaime VanDyken	Biloxi MS	434	39	F	4 30-39	40:10.5	12:57/M
20	Adrianna Posmoga	Gulfport MS	421	38	F	5 30-39	41:07.4	13:16/M
21	Samantha Irving	Biloxi MS	406	24	F	5 20-29	41:26.1	13:22/M
22	Angel Villarreal	Gulfport MS	448	12	M	4 0-14	41:54.0	13:31/M
23	Candice Lee	Gulfport MS	414	33	F	6 30-39	42:43.1	13:47/M
24	Jacqueline Lee	Gulfport MS	468	31	F	7 30-39	42:43.5	13:47/M
25	Ashley Cadner	Montpelier MS	477	32	F	8 30-39	43:30.2	14:02/M
26	Hailey Cadner	Saucier MS	476	14	F	2 0-14	43:30.5	14:02/M
27	Jonathan Irving	Opelousas LA	453	27	M	1 20-29	45:55.9	14:49/M
28	Olivia Irving	Biloxi MS	408	26	F	6 20-29	46:00.2	14:50/M
29	Mathias Ucles	Gulfport MS	447	8	M	5 0-14	50:44.7	16:22/M
30	Cristina Ucles	Gulfport MS	405	30	F	9 30-39	50:45.0	16:22/M
31	Khirsten Irving	Opelousas LA	452	26	F	7 20-29	51:28.2	16:36/M
32	Teresa Wieck	Gulfport MS	456	56	F	2 50-59	51:32.9	16:37/M
33	Tina Perkins	Biloxi MS	457	55	F	3 50-59	51:36.7	16:39/M
34	krystal fairley	Saucier MS	455	34	F	10 30-39	52:03.9	16:47/M
35	Lisa Fairley		488	56	F	4 50-59	52:04.4	16:48/M
36	Jill Peterman	Gulfport MS	484	17	F	1 15-19	54:44.2	17:39/M
37	Michah Williams	Gulfport MS	483	18	M	1 15-19	54:44.4	17:39/M
38	Diane Cousins	West Point GA	474	59	F	5 50-59	54:47.2	17:40/M
39	Charlotte Reijo	Gulfport MS	475	41	F	2 40-49	54:47.6	17:40/M
40	Daniel Villarreal	Gulfport MS	449	10	M	6 0-14	59:07.9	19:04/M
41	Benjamin Ucles	Gulfport MS	446	10	M	7 0-14	59:18.1	19:08/M
42	Larry Semski	Biloxi MS	458	56	M	2 50-59	1:00:10.6	19:25/M
43	Bruce Forrest	Gulfport MS	426	57	M	3 50-59	1:00:39.7	19:34/M
44	Matthew Forrest	Gulfport MS	427	12	M	8 0-14	1:00:39.9	19:34/M
45	Lacy Lawler	Waveland MS	466	35	F	11 30-39	1:00:58.0	19:40/M
46	Cassie Crider	Gulfport MS	451	28	F	8 20-29	1:00:58.8	19:40/M
47	Holli Garner	Biloxi MS	486	36	F	12 30-39	1:03:04.4	20:21/M
48	Erin Young	Gulfport MS	485	32	F	13 30-39	1:03:05.7	20:21/M

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# Walk

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>Age Group</u>	<u>Total Time</u>	<u>Pace</u>
1	Sondra Striker	Gulfport MS	432	54	F	1 Top Fin	17:52.9	17:52/M
2	Terry Van Valkenburg	Ocean Springs MS	441	69	F	2 Top Fin	17:54.1	17:54/M
3	Raymond Van Valkenburg	Ocean Springs MS	440	70	M	1 Top Fin	17:54.3	17:54/M
4	Cheryl Balias	Ocean Springs MS	445	60	F	3 Top Fin	17:54.9	17:54/M
5	Annette Cardenas	Long Beach MS	417	45	F	1 1-99	19:33.5	19:33/M
6	Shannon Trussell	Moss Point MS	487	46	M	2 Top Fin	20:41.8	20:41/M
7	Rena Smith	Moss Point MS	463	63	F	2 1-99	20:48.5	20:48/M
8	Lowrey Smith	Moss Point MS	464	71	M	3 Top Fin	20:50.4	20:50/M
9	Jesse Peterson	Moss Point MS	462	1	M	1 1-99	20:50.9	20:50/M
10	Maranda Trussell	Moss Point MS	465	42	F	3 1-99	20:56.9	20:56/M
11	Johnny Peterson	Moss Point MS	461	30	M	2 1-99	21:18.9	21:18/M
12	Leesa Peterson	Moss Point MS	460	34	F	4 1-99	21:20.7	21:20/M
13	Arturo Irving	Biloxi MS	410	7	M	3 1-99	22:11.3	22:11/M
14	Patricia Irving	Biloxi MS	407	58	F	5 1-99	22:12.2	22:12/M
15	Ronald Irving	Biloxi MS	409	62	F	6 1-99	22:31.1	22:31/M
16	Suzanne Packard	Gulfport MS	454	57	F	7 1-99	27:11.3	27:11/M

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# 10K Run

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>Age Group</u>	<u>Total Time</u>	<u>Pace</u>
1	Kevin Verrett	Gulfport MS	438	48	M	1 Top Fin	43:19.9	6:59/M
2	Zachary Posmoga	Gulfport MS	422	33	M	1 30-39	56:23.0	9:06/M
3	Krystal Godard	Gulfport MS	433	31	F	1 Top Fin	57:04.9	9:12/M
4	Lola Hernandez	Gulfport MS	402	56	F	1 50-59	1:03:07.7	10:11/M
5	Trish Hubbard	Long Beach MS	415	49	F	1 40-49	1:10:23.8	11:21/M
6	Bennett Carver	Gulfport MS	480	66	M	1 60-69	1:10:24.5	11:21/M
7	Crystal Updike	Gulfport MS	401	33	F	1 30-39	1:10:48.2	11:25/M
8	Mendy Sepulvado	Gulfport MS	412	38	F	2 30-39	1:10:48.6	11:25/M
9	Julie Teater	Biloxi MS	471	53	F	2 50-59	1:14:53.8	12:05/M
10	Natalie Bourg	Diamondhead MS	442	47	F	2 40-49	1:19:39.8	12:51/M
11	Bonnie Bates	Gulfport MS	403	46	F	3 40-49	1:30:13.8	14:33/M
12	Bobbie Tolar	Gulfport MS	404	59	F	3 50-59	1:30:13.9	14:33/M

# WRC 5K & 10K For Life

## Age Group Results

May 13, 2017

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Results By: Time 2 Run [Time 2 Run](#)

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### 5K Run

#### Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Isaac Hale	Saucier MS	443	11	1	25:57.3	8:22/M

#### Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Barbara Lemon	Gulfport MS	418	51	5	29:13.1	9:25/M

#### Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kevin Chu	Gulfport MS	413	14	3	26:23.9	8:31/M
2	Duane Lee	Gulfport MS	469	14	6	29:19.6	9:27/M
3	Kolby VanDyken	Biloxi MS	435	13	12	31:33.5	10:11/M
4	Angel Villarreal	Gulfport MS	448	12	22	41:54.0	13:31/M
5	Mathias Ucles	Gulfport MS	447	8	29	50:44.7	16:22/M
6	Daniel Villarreal	Gulfport MS	449	10	40	59:07.9	19:04/M
7	Benjamin Ucles	Gulfport MS	446	10	41	59:18.1	19:08/M
8	Matthew Forrest	Gulfport MS	427	12	44	1:00:39.9	19:34/M

#### Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Savannah VanDyken	Biloxi MS	436	10	18	40:05.2	12:56/M
2	Hailey Cadner	Saucier MS	476	14	26	43:30.5	14:02/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Michah Williams	Gulfport MS	483	18	37	54:44.4	17:39/M

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jill Peterman	Gulfport MS	484	17	36	54:44.2	17:39/M

#### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jonathan Irving	Opelousas LA	453	27	27	45:55.9	14:49/M

#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Sarah Medley	Gulfport MS	473	20	7	29:23.6	9:29/M

2	Katherine Plauche	Gulfport MS	482	22	9	29:46.3	9:36/M
3	Amy DeFazio	Gulfport MS	450	27	15	38:26.4	12:24/M
4	Candy Forde	Gulfport MS	411	29	16	38:26.5	12:24/M
5	Samantha Irving	Biloxi MS	406	24	21	41:26.1	13:22/M
6	Olivia Irving	Biloxi MS	408	26	28	46:00.2	14:50/M
7	Khirsten Irving	Opelousas LA	452	26	31	51:28.2	16:36/M
8	Cassie Crider	Gulfport MS	451	28	46	1:00:58.8	19:40/M

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	David Hale	Saucier MS	444	39	2	25:57.8	8:22/M
2	Nathan Ladner	Montpelier MS	479	34	10	31:27.8	10:09/M

## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Carly Verrett	Gulfport MS	439	33	11	31:30.9	10:10/M
2	Katherine Hittle	Gulfport MS	420	39	13	34:41.6	11:11/M
3	Britneye Ladner	Saucier MS	424	30	14	35:16.8	11:23/M
4	Jaime VanDyken	Biloxi MS	434	39	19	40:10.5	12:57/M
5	Adrianna Posmoga	Gulfport MS	421	38	20	41:07.4	13:16/M
6	Candice Lee	Gulfport MS	414	33	23	42:43.1	13:47/M
7	Jacqueline Lee	Gulfport MS	468	31	24	42:43.5	13:47/M
8	Ashley Cadner	Montpelier MS	477	32	25	43:30.2	14:02/M
9	Cristina Ucles	Gulfport MS	405	30	30	50:45.0	16:22/M
10	Krystal Fairley	Saucier MS	455	34	34	52:03.9	16:47/M
11	Lacy Lawler	Waveland MS	466	35	45	1:00:58.0	19:40/M
12	Holli Garner	Biloxi MS	486	36	47	1:03:04.4	20:21/M
13	Erin Young	Gulfport MS	485	32	48	1:03:05.7	20:21/M

## Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jana Plauche	Gulfport MS	481	44	8	29:46.1	9:36/M
2	Charlotte Reijo	Gulfport MS	475	41	39	54:47.6	17:40/M

## Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Scott Lemon	Gulfport MS	419	53	4	29:05.2	9:23/M
2	Larry Semski	Biloxi MS	458	56	42	1:00:10.6	19:25/M
3	Bruce Forrest	Gulfport MS	426	57	43	1:00:39.7	19:34/M

## Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Dawne Jakubik	Ocean Springs MS	459	57	17	38:39.4	12:28/M
2	Teresa Wieck	Gulfport MS	456	56	32	51:32.9	16:37/M
3	Tina Perkins	Biloxi MS	457	55	33	51:36.7	16:39/M
4	Lisa Fairley		488	56	35	52:04.4	16:48/M
5	Diane Cousins	West Point GA	474	59	38	54:47.2	17:40/M

## Walk

### Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Raymond Van Valkenburg	Ocean Springs MS	440	70	3	17:54.3	17:54/M
2	Shannon Trussell	Moss Point MS	487	46	6	20:41.8	20:41/M
3	Lowrey Smith	Moss Point MS	464	71	8	20:50.4	20:50/M

### Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Sondra Striker	Gulfport MS	432	54	1	17:52.9	17:52/M

2	Terry Van Valkenburg	Ocean Springs	MS	441	69	2	17:54.1	17:54/M
3	Cheryl Balias	Ocean Springs	MS	445	60	4	17:54.9	17:54/M

## Male 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jesse Peterson	Moss Point	MS	462	1	9	20:50.9	20:50/M
2	Johnny Peterson	Moss Point	MS	461	30	11	21:18.9	21:18/M
3	Arturo Irving	Biloxi	MS	410	7	13	22:11.3	22:11/M

## Female 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Annette Cardenas	Long Beach	MS	417	45	5	19:33.5	19:33/M
2	Rena Smith	Moss Point	MS	463	63	7	20:48.5	20:48/M
3	Maranda Trussell	Moss Point	MS	465	42	10	20:56.9	20:56/M
4	Leesa Peterson	Moss Point	MS	460	34	12	21:20.7	21:20/M
5	Patricia Irving	Biloxi	MS	407	58	14	22:12.2	22:12/M
6	Ronald Irving	Biloxi	MS	409	62	15	22:31.1	22:31/M
7	Suzanne Packard	Gulfport	MS	454	57	16	27:11.3	27:11/M

## 10K Run

### Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kevin Verrett	Gulfport	MS	438	48	1	43:19.9	6:59/M

### Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Krystal Godard	Gulfport	MS	433	31	3	57:04.9	9:12/M

### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Zachary Posmoga	Gulfport	MS	422	33	2	56:23.0	9:06/M

### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Crystal Updike	Gulfport	MS	401	33	7	1:10:23.8	11:21/M
2	Mendy Sepulvado	Gulfport	MS	412	38	8	1:10:48.6	11:25/M

### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Trish Hubbard	Long Beach	MS	415	49	5	1:10:23.8	11:21/M
2	Natalie Bourg	Diamondhead	MS	442	47	10	1:19:39.8	12:51/M
3	Bonnie Bates	Gulfport	MS	403	46	11	1:30:13.8	14:33/M

### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Lola Hernandez	Gulfport	MS	402	56	4	1:03:07.7	10:11/M
2	Julie Teater	Biloxi	MS	471	53	9	1:14:53.8	12:05/M
3	Bobbie Tolar	Gulfport	MS	404	59	12	1:30:13.9	14:33/M

### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Bennett Carver	Gulfport	MS	480	66	6	1:10:24.5	11:21/M

# WRC 5K & 10K For Life

## Fun Run

### Overall Finish List

May 13, 2017

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Results By: [Time 2 Run](#) [Time 2 Run](#)

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>Age Group</u>	<u>Total Time</u>
1	Kylan Ladner	Montpelier MS	478	8	M	1 Top Fin	9:08.2
2	Aryana Ducote	Gulfport MS	430	5	F	1 Top Fin	11:20.4
3	Arturo Irving	Biloxi MS	410	7	M	1 1-99	14:36.6

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