

CBC Running On Faith 5K

Overall Finish List

March 12, 2016

Results By: [Time 2 Run](#) [Time 2 Run](#)

[Walk](#)

5K Run

Place	Name	City	Bib No	Age	Gend	Age Group	Total Time	Pace
1	Bryan Hamilton	Brandon MS	435	28	M	1 Top Fin	27:24.2	8:50/M
2	Luann Ainsworth	Brandon MS	412	56	F	1 Top Fin	28:11.6	9:05/M
3	Claire Rich	Brandon MS	443	13	F	1 0-19	29:11.9	9:25/M
4	Tammy Jackson	Vicksburg MS	441	46	F	1 Top Fin	29:46.8	9:36/M
5	Terry Jones	Arlington TN	413	53	M	1 Top Fin	30:35.5	9:52/M
6	Josh Westbrook	Florence MS	404	24	M	1 20-29	30:36.8	9:52/M
7	Tom Cosgrave	Jackson MS	437	24	M	2 20-29	31:01.6	10:00/M
8	Andrew Jennings	Florence MS	426	15	M	1 0-19	31:57.7	10:18/M
9	Connor Beavers	Crystal Springs MS	425	15	M	2 0-19	31:58.2	10:19/M
10	Heather Ross	Florence MS	401	31	F	1 30-39	32:06.8	10:21/M
11	Emily Chance	Florence MS	436	32	F	2 30-39	33:17.8	10:44/M
12	Terrie Whittington	Flora MS	405	54	F	1 Top Fin	33:19.8	10:45/M
13	Lori Busick	Florence MS	458	42	F	1 40-49	33:24.8	10:46/M
14	Karen Whitney	Florence MS	459	31	F	3 30-39	33:25.1	10:47/M
15	Nathan Jennings	Florence MS	427	13	M	3 0-19	33:37.7	10:51/M
16	Robert "THE HUS Jackson	Vicksburg MS	440	56	M	1 Top Fin	33:59.2	10:58/M
17	Zachary Hayes	Flowood MS	419	12	M	4 0-19	34:45.4	11:13/M
18	Jerry Keywood	Hazlehurst MS	416	56	M	1 50-59	35:01.1	11:18/M
19	Bo Henderson	Waynesboro MS	449	16	M	5 0-19	35:04.4	11:19/M
20	Tom Rich	Brandon MS	442	41	M	1 40-49	35:25.4	11:25/M
21	Ray Henderson	Waynesboro MS	448	45	M	2 40-49	35:52.5	11:34/M
22	Eli Jennings	Crystal Springs MS	460	15	M	6 0-19	37:17.8	12:02/M
23	Jacob Jennings	Florence MS	428	11	M	7 0-19	37:25.4	12:04/M
24	Cyrus Sullivan	Crystal Springs MS	429	12	M	8 0-19	37:37.4	12:08/M
25	Talon Page	Richland MS	454	23	M	3 20-29	37:59.4	12:15/M
26	Mariah Gibson	Flowood MS	418	41	F	2 40-49	38:02.1	12:16/M
27	Jenelle Westbrook	Florence MS	403	24	F	1 20-29	38:18.5	12:21/M
28	Laurie Gardner	Pelahatchie MS	455	51	F	1 50-59	38:26.6	12:24/M
29	Nathan Rivers	Richland MS	457	22	M	4 20-29	38:49.0	12:31/M
30	Sandi Phillips	Florence MS	414	54	F	2 50-59	39:09.2	12:38/M
31	April Cosgrave	Richland MS	438	22	F	2 20-29	39:16.9	12:40/M
32	Crystal Pearson	Florence MS	433	35	F	4 30-39	39:30.0	12:45/M
33	Summer Hughes	Pearl MS	452	13	F	2 0-19	39:31.2	12:45/M
34	Breanna Nolen	Byram MS	434	12	F	3 0-19	39:35.1	12:46/M
35	Sondra Barnes	Braxton MS	420	58	F	3 50-59	41:12.5	13:17/M
36	Kenneth Smitherman	Brandon MS	402	36	M	1 30-39	42:05.9	13:35/M
37	Daryl McGuffin	Florence MS	411	59	M	2 50-59	56:36.9	18:15/M
38	Lena McGuffin	Florence MS	410	50	F	4 50-59	56:37.1	18:16/M

[Top](#)

Walk

Place	Name	City	Bib No	Age	Gend	Age Group	Total Time	Pace
1	Jennifer Henderson	Waynesboro MS	450	42	F	1 Top Fin	38:31.7	12:25/M
2	Ashlyn Henderson	Waynesboro MS	451	11	F	1 0-19	41:26.2	13:22/M
3	Jim Watts	Jackson MS	456	77	M	1 Top Fin	49:06.3	15:50/M
4	Mary Cate Jennings	Crystal Springs MS	431	8	F	2 0-19	49:39.3	16:01/M
5	Shannon Bates	Florence MS	422	35	F	1 30-39	49:41.3	16:02/M
6	Misty Falgout	Florence MS	423	37	F	2 30-39	49:42.6	16:02/M

7	David Mallory	Florence MS	421	57	M	1 Top Fin	49:43.6	16:02/M
8	Elizabeth Jennings	Crystal Springs MS	424	38	F	3 30-39	50:28.7	16:17/M
9	Leigh Ross	Florence MS	408	30	F	4 30-39	54:05.7	17:27/M
10	Tarra Pierce	Florence MS	417	30	F	5 30-39	54:09.0	17:28/M
11	Sheri Adamson	Florence MS	432	71	F	1 Top Fin	56:17.7	18:09/M
12	Meghin Hamilton	Brandon MS	453	25	F	1 20-29	56:18.0	18:10/M
13	Chris Jennings	Crystal Springs MS	430	39	M	1 30-39	1:01:37.8	19:53/M
14	Mary Peden	Richland MS	445	58	F	1 Top Fin	1:15:40.5	24:25/M
15	Bryan Peden	Florence MS	444	31	M	2 30-39	1:15:42.6	24:25/M

CBC Running On Faith 5K

Age Group Results

March 12, 2016

Results By: Time 2 Run [Time 2 Run](#)

5K Run

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Bryan Hamilton	Brandon MS	435	28	1	27:24.2	8:50/M

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Luann Ainsworth	Brandon MS	412	56	2	28:11.6	9:05/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Terry Jones	Arlington TN	413	53	5	30:35.5	9:52/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Tammy Jackson	Vicksburg MS	441	46	4	29:46.8	9:36/M

Male Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Robert "THE HUS Jackson	Vicksburg MS	440	56	16	33:59.2	10:58/M

Female Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Terrie Whittington	Flora MS	405	54	12	33:19.8	10:45/M

Male 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Andrew Jennings	Florence MS	426	15	8	31:57.7	10:18/M
2	Connor Beavers	Crystal Springs MS	425	15	9	31:58.2	10:19/M
3	Nathan Jennings	Florence MS	427	13	15	33:37.7	10:51/M
4	Zachary Hayes	Flowood MS	419	12	17	34:45.4	11:13/M
5	Bo Henderson	Waynesboro MS	449	16	19	35:04.4	11:19/M
6	Eli Jennings	Crystal Springs MS	460	15	22	37:17.8	12:02/M
7	Jacob Jennings	Florence MS	428	11	23	37:25.4	12:04/M
8	Cyrus Sullivan	Crystal Springs MS	429	12	24	37:37.4	12:08/M

Female 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Claire Rich	Brandon MS	443	13	3	29:11.9	9:25/M
2	Summer Hughes	Pearl MS	452	13	33	39:31.2	12:45/M
3	Breanna Nolen	Byram MS	434	12	34	39:35.1	12:46/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Josh Westbrook	Florence MS	404	24	6	30:36.8	9:52/M
2	Tom Cosgrave	Jackson MS	437	24	7	31:01.6	10:00/M
3	Talon Page	Richland MS	454	23	25	37:59.4	12:15/M
4	Nathan Rivers	Richland MS	457	22	29	38:49.0	12:31/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jenelle Westbrook	Florence MS	403	24	27	38:18.5	12:21/M
2	April Cosgrave	Richland MS	438	22	31	39:16.9	12:40/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kenneth Smitherman	Brandon MS	402	36	36	42:05.9	13:35/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Heather Ross	Florence MS	401	31	10	32:06.8	10:21/M
2	Emily Chance	Florence MS	436	32	11	33:17.8	10:44/M
3	Karen Whitney	Florence MS	459	31	14	33:25.1	10:47/M
4	Crystal Pearson	Florence MS	433	35	32	39:30.0	12:45/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Tom Rich	Brandon MS	442	41	20	35:25.4	11:25/M
2	Ray Henderson	Waynesboro MS	448	45	21	35:52.5	11:34/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Lori Busick	Florence MS	458	42	13	33:24.8	10:46/M
2	Mariah Gibson	Flowood MS	418	41	26	38:02.1	12:16/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jerry Keywood	Hazlehurst MS	416	56	18	35:01.1	11:18/M
2	Daryl McGuffin	Florence MS	411	59	37	56:36.9	18:15/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Laurie Gardner	Pelahatchie MS	455	51	28	38:26.6	12:24/M
2	Sandi Phillips	Florence MS	414	54	30	39:09.2	12:38/M
3	Sondra Barnes	Braxton MS	420	58	35	41:12.5	13:17/M
4	Lena McGuffin	Florence MS	410	50	38	56:37.1	18:16/M

Walk

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jim Watts	Jackson MS	456	77	3	49:06.3	15:50/M

Female Overall Winners

Total

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Henderson	Waynesboro MS	450	42	1	38:31.7	12:25/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	David Mallory	Florence MS	421	57	7	49:43.6	16:02/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Sheri Adamson	Florence MS	432	71	11	56:17.7	18:09/M

Female Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mary Peden	Richland MS	445	58	14	1:15:40.5	24:25/M

Female 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Ashlyn Henderson	Waynesboro MS	451	11	2	41:26.2	13:22/M
2	Mary Cate Jennings	Crystal Springs MS	431	8	4	49:39.3	16:01/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Meghin Hamilton	Brandon MS	453	25	12	56:18.0	18:10/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Chris Jennings	Crystal Springs MS	430	39	13	1:01:37.8	19:53/M
2	Bryan Peden	Florence MS	444	31	15	1:15:42.6	24:25/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Shannon Bates	Florence MS	422	35	5	49:41.3	16:02/M
2	Misty Falgout	Florence MS	423	37	6	49:42.6	16:02/M
3	Elizabeth Jennings	Crystal Springs MS	424	38	8	50:28.7	16:17/M
4	Leigh Ross	Florence MS	408	30	9	54:05.7	17:27/M
5	Tarra Pierce	Florence MS	417	30	10	54:09.0	17:28/M

CBC Running On Faith 5K

Fun Run

Overall Finish List

March 12, 2016

Results By: *Time 2 Run* [Time 2 Run](#)

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>Age Group</u>	<u>Total Time</u>
1	Chloe Martin		462	9	F	1 Top Fin	7:28.0
2	Bella Wade		446	9	F	1 8- 9	9:05.4
3	Lilly Jones		461	8	F	2 8- 9	11:33.5

CBC Running On Faith 5K

March 12, 2016

Results By: Time 2 Run [Time 2 Run](#)

Team Summary Report

5K Run

<u>Place</u>	<u>Team</u>	<u>Top 3 Places</u>	----- Finishers -----								
			<u>1</u>	<u>2</u>	<u>3</u>	<u>4*</u>	<u>5*</u>	<u>6*</u>	<u>7*</u>	<u>8*</u>	<u>9*</u>
1	3 Team 3 Lions Crossfit 2 Top 3 Times: 1:43:36.4	49	7	11	31						
2	2 TEAM 3 Lions Crossfit Top 3 Times: 1:50:33.5	68	13	25	30	32					